



**69 69/69A/69W/69N**  
**Capitola Road/Cabrillo/Watsonville**



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**Capitola Road/Cabrillo/Watsonville**



Route	Bus Leaves from Santa Cruz Metro Lane 4	Bus Leaves from Capitola Road & 7th Ave.	Bus Leaves from Capitola Mall	Bus Leaves from Cabrillo College	Bus Leaves from Neilson & Watsonville Hospital	Bus Leaves from Airport Blvd. & Freedom Centre	Bus Leaves from Main & Green Valley	Bus Arrives at Watsonville Transit Center
	A	B	C	D <sup>3</sup>	E	F	G	H

**MON - FRI**

69W	6:37am	6:46	7:00	7:15	—	—	7:27	7:34
69A	7:07	7:16	7:30	—	7:45	7:48	—	8:07
69W	7:37	7:46	8:00	8:15	—	—	8:27	8:34
69A	8:07	8:16	8:30	—	8:45	8:48	—	9:07
69W	8:37	8:46	9:00	9:15	—	—	9:27	9:34
69A	9:07	9:16	9:30	—	9:45	9:48	—	10:04
69W	9:37	9:46	10:00	10:15	—	—	10:27	10:34
69	9:52	10:01	10:15	—	—	—	—	—
69A	10:07	10:16	10:30	—	10:45	10:48	—	11:04
69	10:22	10:31	10:45	—	—	—	—	—
69W	10:37	10:46	11:00	11:15	—	—	11:27	11:34
69	10:52	11:01	11:15	—	—	—	—	—
69A	11:07	11:16	11:30	—	11:45	11:49	—	12:07
69	11:22	11:31	11:45	—	—	—	—	—
69W	11:37	11:46	12:00	12:15	—	—	12:29	12:40
69A	12:00pm	12:11	12:30	—	12:45	12:49	—	1:07
69	12:15	12:26	12:38	—	—	—	—	—
69W	12:30	12:41	1:00	1:15	—	—	1:29	1:37
69	12:45	12:56	1:08	—	—	—	—	—
69A	1:00	1:11	1:30	—	1:45	1:49	—	2:07
69	1:15	1:26	1:38	—	—	—	—	—
69W	1:30	1:41	2:00	2:15	—	—	2:29	2:37
69	1:45	1:56	2:08	—	—	—	—	—
69A	2:00	2:11	2:30	—	2:45	2:49	—	3:07
69	2:15	2:26	2:42	—	—	—	—	—
69W	2:30	2:41	3:00	3:17	—	—	3:32	3:40
69	2:45	2:56	3:12	—	—	—	—	—

All Metro buses are wheelchair accessible, while some stops on this route may not be.

more pm times continued on right

*NOTE: Cart/Tram service is available weekdays at Cabrillo College to individuals with disabilities. Call 479-6379 See Headways page 64 for details.*

Route	Bus Leaves from Santa Cruz Metro Lane 4	Bus Leaves from Capitola Road & 7th Ave.	Bus Leaves from Capitola Mall	Bus Leaves from Cabrillo College	Bus Leaves from Neilson & Watsonville Hospital	Bus Leaves from Airport Blvd. & Freedom Centre	Bus Leaves from Main & Green Valley	Bus Arrives at Watsonville Transit Center
	A	B	C	D <sup>3</sup>	E	F	G	H

**MON - FRI**

69A	3:00pm	3:11	3:30	—	3:47	3:52	—	4:17
69	3:15	3:26	3:42	—	—	—	—	—
69W	3:30	3:41	4:00	4:17	—	—	4:32	4:40
69	3:45	3:56	4:12	—	—	—	—	—
69A	4:00	4:11	4:30	—	4:47	4:52	—	5:13
69	4:15	4:26	4:42	—	—	—	—	—
69W	4:30	4:41	5:00	5:17	—	—	5:32	5:40
69	4:45	4:56	5:12	—	—	—	—	—
69A	5:00	5:11	5:30	—	5:47	5:50	—	6:10
69	5:15	5:26	5:42	—	—	—	—	—
69W	5:30	5:41	6:00	6:15	—	—	6:30	6:37
69	5:45	5:56	6:10	—	—	—	—	—
69A	6:00	6:11	6:30	—	6:47	6:50	—	7:10
69	6:15	6:26	6:40	—	—	—	—	—
69W	6:30	6:41	7:00	7:15	—	—	7:30	7:37
69N	7:00	7:07	7:20	7:35 <sup>1</sup>	—	—	—	—
69N	7:30	7:37	7:50	8:05 <sup>1</sup>	—	—	—	—
69N	8:00	8:07	8:20	8:35 <sup>1</sup>	—	—	—	—
69N	8:30	8:37	8:50	9:05 <sup>1</sup>	—	—	—	—
69N	9:00	9:07	9:20	9:35 <sup>1</sup>	—	—	—	—
69N	9:30	9:37	9:50 <sup>2</sup>	—	—	—	—	—

All Metro buses are wheelchair accessible, while some stops on this route may not be.

- <sup>1</sup> Arrives at Cabrillo Upper Campus. Llega al Campus Superior de Cabrillo.
- <sup>2</sup> Trip ends at Soquel Drive & 41st Avenue 5 min. later. Viaje termina en Soquel Dr. & 41st Ave 5 min. despues.
- <sup>3</sup> Route 69W serves all stops between Metro Center and Cabrillo College, and then serves as a limited express between Cabrillo College and Watsonville Transit Center, stopping only at the time points shown, and these additional stops: Soquel & State Park, Main & Ohlone Parkway, Main & Pennsylvannia, Main & Rodriguez. La Ruta 69W sirve a todas las paradas entre el Centro de Metro y Cabrillo College y luego sirve como expreso limitado entre Cabrillo College y el Centro de Transito de Watsonville, parando solamente en los puntos de tiempo mostrados y estas paradas adicionales: Soquel & State Park, Main & Ohlone Parkway, Main & Pennsylvannia, y Main & Rodriguez.